

CATHOLIC YOUTH ORGANIZATION Monroe County CYO

VOLLEYBALL RULES/REGULATIONS

I. PLAYING RULES:

- A. Official Rules: The rules of the CYO Volleyball League are those of the National Federation. It is imperative that each coach has a working knowledge of the National Federation Rule Book in addition to those rules governing CYO Athletics.
- B. Purpose of these Rules: CYO wishes to stress that scores are not to be run-up by winning teams, and also wishes to emphasize that coaches must make every effort to play as many team members as possible in a given match.
- C. Team Minimum: A team must be able to field the minimum number of players five (5) at match time or the match is forfeited. If a team starts with five players there will be no service penalty. If a player is ejected, becomes ill or injured and is unable to finish the match, the team may finish the match with fewer players.
- D. Match Time: Match time is forfeit time. If one team is not present and ready to play at the time that a contest is scheduled to begin, their opponent may accept a forfeit victory for that contest. Officials shall sign the score sheet to verify forfeit. No official is required to wait beyond the scheduled match time for a team.
- E. Match Length: The best two (2) out of three (3) games with a three (3) game mandatory play constitutes a match. In the event that one team wins the first two (2) games all substitutes who did not start in either of the first two games must start and be used in the third game. The third game must be played in all circumstances, including in the playoffs/tournament except for in the final game.
- F. Match Format: 'B' Level: Traditional scoring format will be used. A team can only score a point when it controls the ball on a side-out. 'A' Level: Rally scoring will be used. A point is awarded to one team on each serve regardless of control of the side-out.
- G. Substitutions: To encourage participation, there will be an unlimited number of substitutions permitted.
 - 1. *Libero: The use of a libero will not be permitted at any level.*

- H. Termination of Game: 'B' Level: A team that has scored 15 points and is at least 2 points ahead is the winner. 'A' Level: A team has scored 25 points and is at least 2 points ahead is the winner. Both Leagues: If the leading team does not have a 2 point advantage, play shall continue until one team has a 2 point advantage. No point limit. No time limit. No more than three (3) minutes between games.
- I. Order of Play: The teams will toss a coin to determine order of play. Winner of the coin flip will serve games 1. If the match is not decided in the first two games a second coin flip will occur after the second game.
- J. Required Playing Time: In "B" Level matches, a player must participate in a least 2 of the 3 games. This rule also applies to the playoffs / tourney, except for the Final game, where a third game may not be played if a team wins 2-0. For the Final game, a player must participate in at least 1 of the 2 games if only 2 are played. If 3 are played, must participate in 2 of 3. In "A" Level matches, there are no playing time requirements.

II. MATCH RULES/REGULATIONS:

- A. Playing Court: Home team must provide a marked court free from obstructions with the following regulations:
 - 1. Net System/Supports: Must be secure and padded otherwise forfeiture may result.
 - 2. Official's Platform: Must be stabilized and padded.
 - 3. Net Height: Seven feet (7"0") for all levels of play.
 - 4. Serving Line: Shall be behind the end line and from sideline to sideline. If gym size puts end lines too close for a proper approach, foot faults may be ignored by the game officials.
 - 5. Service Area ("B" Level Only): Service line (tape, paint, etc.) parallel to and five feet (5"0") feet from the end line. The "B" Level service line shall be a different color than the end line when practical.
- B. Protective Equipment: Kneepads are recommended.
- C. Regulation Ball: Any approved ball which meets the National Federation specifications. Lite balls will be used for the *B1 and* B2 levels.
- D. Uniform Numbers: Jersey or shirt must have numbers, even if only taped.
- E. Team Rosters: Team rosters shall be submitted to the scorers" table ten (10) minutes prior to the match. Line-ups shall be submitted two (2) minutes prior to the start of the first game and one (1) minute before each game thereafter.

- F. Times Out: Each team will have two (2) times out per game, and will be awarded a third time out in a game if and only if the game extends beyond the fifteen (15) point victory point (i.e. – the game is tied at 14-14 and requires a team to score more than 15 points to win).
- G. Special “B” Level Service Rule: A player may serve a maximum of five (5) consecutive points in a row. After the fifth consecutive scored point, the serving team will rotate as if after a side-out and the next player rotating into the service position will continue play by serving the ball as if the previous server had remained in that position.
- H. Service / Net Violation: ‘A’ Level: When a served ball touches the net, but goes over and lands in play, that ball shall be played by the receiving team or a point is awarded to the serving team. ‘B’ Level: When a served ball touches the net (even is goes over) it is a service fault and therefore a side-out and the receiving team gains the service advantage.

III. LEAGUE RULES/REGULATIONS:

- A. Officials: CYO will assign *one (1) or (2)* officials for all matches. Each team is responsible for paying the official Twenty Dollars (\$20.00) prior to the start of the match.
- B. Officials Not Present: In the event that the assigned officials are not present to officiate the match(es) the teams will have two (2) options:
 - 1. Play the match with individuals they mutually agree to have officiate the match(es). If a mutual agreement is made to play, the contest(s) results will stand.
 - 2. Re-schedule the match(es) with the CYO office after mutually agreeing on date(s) and time(s).
- C. League Standings: The league standings will be computed on the basis of match results, with two (2) points for a win and zero (0) points for a loss. Non-league matches do not count in division standings.
- D. Roster Limitations: There is no limit as to the number of players that a team may have.
- E. Insurance: Secondary medical insurance is provided for participants for all athletics through the Michigan Catholic Conference. This coverage has some limitations and is secondary to parent’s medical coverage. This coverage is in effect if the student has no medical coverage. Information can be obtained through School Principals or Parish Pastors.

IV. PLAY-OFFS:

- A. Team Eligibility: All teams will participate in a post-season tournament scheduled by the League, unless they have failed to qualify for excessive forfeitures during the regular season.
- B. Format: The post-season tournament will utilize a bracket format, single elimination. All matches will follow the regular season match format of two games, with a third game played if necessary.
- C. Seeding: Seeding of teams for post-season play shall be determined by regular season record. If two or more teams finish the regular season tied, a tie-breaker similar to the one used in basketball shall be used (only match comparison will be done; number of games won during the match will be ignored).

V. **VIOLATION AND PENALTIES:**

Violations of CYO rules and regulations shall subject a member Parish/School to any or all, but not limited to, the following: censure, probation with competition, probation without competition, forfeiture, suspension, and expulsion.

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